# Headstone Manor Park Wayfinder Trails



Play Discover Explore

© Neil Greenhalgh

Three trails to discover, explore & enjoy the park



# Welcome to Headstone Manor Park

Travel back 500 years and this park was part of a noisy, bustling farm supplying the residents of Headstone Manor and people in the City of London with food. As you wander around you can still catch glimpses of its past from woodlands and hedgerows and a water-filled moat.



Reed bunting

Today it's a place for local people, and recent work has helped improve the Park for everyone. But the Park's value doesn't stop there - Headstone Manor Park is helping to prevent pollution running into our rivers and reduce the risk of flooding for local communities. Wetlands and flood basins have been recently added and Yeading Brook (which runs into the River Crane) has been opened up for people and wildlife to enjoy after years of running underground.

#### **Orange Trail**

Follow the wayfinder posts to discover the waterways and wetland of the park on this 1km trail.

## 1 Moat

The moat provides a home for fish such as the stickleback. In spring, the male develops a bright red throat and belly and performs a courtship dance to attract a mate.



2 Heron

Despite its urban setting, the park attracts much wildlife. Birds are easy to spot but look more closely and you may see insects, like dragonflies. Mammals such as bats and badgers may also be seen at dawn or dusk.



New homes like those on the old Kodak factory site put pressure on watercourses. Pollutants such as silt, oil and toxic metals are washed off roofs and roads. The ponds trap some of this silt.

## 4 Reed Beds

The reed beds are a fantastic habitat for birds such as the reed bunting. Reeds are, however, fast growing so need managing to provide the conditions needed by different animals.



Kodak factory workers 1919

– with thanks to the Harrow
Museums Trust



#### **6** Orchard

Birds love to feed on the fruit in the orchard. As well as the familiar blackbird you may see other thrushes such as a song thrush or winter visitors like the redwing.

## **6** Yeading Brook

Now open to daylight after years underground, Yeading Brook is healthier. The presence of animals such as freshwater shrimps indicate cleaner water. Volunteers also test the water for hidden pollution.

#### **7** Picnic Place

Water has been a magnet for people for centuries. In our busy modern lives, the brook offers a calming place to stop and enjoy a picnic, or to take a paddle on a hot day.

# Trees and Hedges

Trees and hedges provide safe corridors for wildlife. Listen out for the high-pitched calls of flocks of long-tailed tits as they flit from tree to tree.



Long-tailed tits









© Headstone Manor and Museum

#### **Blue Trail**

Pick up a Nature Finder's trail leaflet from the visitor centre to explore the Scheduled Ancient Monument, which is home to Headstone Manor & Museum. The trail takes you around the moat and inside the grounds to discover the Great Barn and the history of this medieval farmstead. Please note – parts of the trail are only accessible when the Museum is open. For information about the Museum, including hours of opening:- www.headstonemanor.org

#### Find out more about Headstone Manor Park

**www.harrow.gov.uk** - visit the Headstone Manor Park page for information about facilities available at the Park and details of how to get to the Park.

**www.headstonemanorpark.org** - a website run by the Friends of Headstone Manor Park. Lots of information about the Park, activities and wildlife. The Friends are a group of volunteers who donate their free time to looking after the Park to ensure it's a special place for people and wildlife.

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